

CROSS COUNTRY

High School 10/20/07

6A Regional Cross Country

**Saturday at Washburn Rural High, Topeka
Boys 5K**

Team Results

1. Shawnee Mission Northwest, 21. 2. Manhattan, 88. 3. **Lawrence, 104.** 4. Washburn Rural, 110. 5. **Free State, 131.** 6. Junction City, 153. 7. Wichita Heights, 180. 8. Olathe NW, 201. 9. Topeka, 220. 10. Leavenworth, 290.

Individual Results

1. Sterling Spencer, SMNW, 16:38.03
2. Diego Ladron, SMNW, 16:42.49
3. Roy Wedge, LHS, 16:46.00
4. Jared Ellsworth, SMNW, 16:55.79
5. Logan Sloan, FS, 16:56.32

Local Runners

9. Dylan Hedges, LHS, 17:01.53
16. Gabe Moss, FS, 17:24.63
20. JD Wiebe, FS, 17:44.09
23. Ben Wilson, LHS, 17:57.17
32. Sam Wilger, FS, 18:16.46
34. David Long, LHS, 18:19.99
35. Jonathan Gabler, LHS, 18:25.57
40. Cody Jones, LHS, 18:37.09
42. Calvin Morgan, LHS, 18:38.15
58. Garrick Valverde, FS, 19:40.93
61. Alex Zimmerscmied, FS, 20:29.33
63. Harrison Schieb, FS, 20:35.26

Girls 4K

Team Results

1. Manhattan, 44. 2. **Free State, 75.** 3. Shawnee Mission NW, 104. 4. Junction City, 112. 5. **Lawrence, 119.** 6. Washburn Rural, 123. 7. Olathe NW, 123. Leavenworth, 208. 9. Wichita Heights, 270.

Individual Results

1. Marley Crusch, MHS, 15:09.50
2. Rebecca Stowe, ONW, 15:22.46
3. Katie Mona, ONW, 15:32.65
4. Brooke Grieger, MHS, 15:38.93
5. Lisa Imgrund, SMNW, 15:39.18

Local Runners

6. Kyra Kilwein, FS, 15:49.23
8. Kelly Renfro, LHS, 16:07.58
10. Haley Francis, FS, 16:14.14
14. Kristina Taylor, LHS, 16:35.41
17. Morgan Flannigan, FS, 16:41.31
20. Jeanie Reams, FS, 16:51.49
22. Haley Harrington, FS, 16:55.19
24. Jennifer Taylor, LHS, 16:59.90
28. Libby Wiebe, FS, 17:19.04
30. Kaela Severa, LHS, 17:21.79
38. Hillary Yoder, FS, 17:42.52
43. Jaymie Hardtarfer, LHS, 17:58.29
45. Jordan Herd, LHS, 18:14.28
50. Alissa Freeman, LHS, 18:22.96