

Proposed fall race(s)

By runLawrence and the Kansas Road Race Records

To the Stars 8K Chase: and/or 2 Mile or 12K

Possible Dates: 1, 2, or 3 events – or none

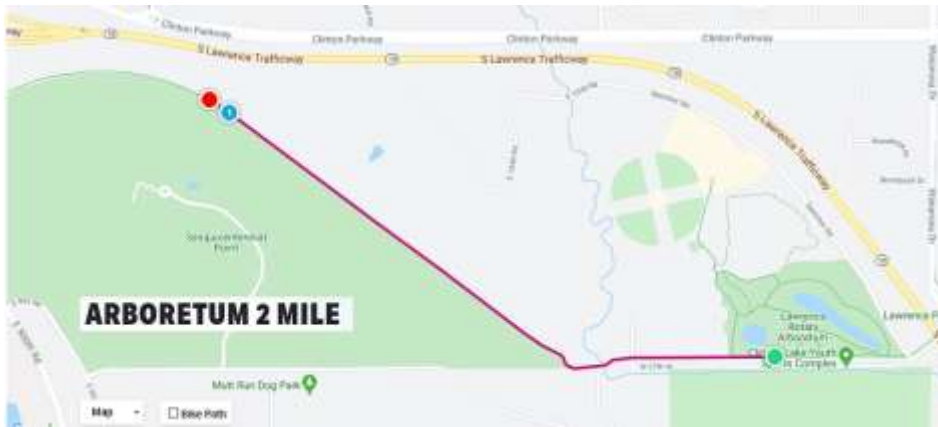
2 mile: Sept 26, or Oct 4? (Sr Games track 13th, 10K/5K 20th; Bill Snyder HM 7th)

8K: Oct 18? (KC Marathon 17th, Octoginta ?)

12K: Nov 1? (Sanders Saunter 7th, KU Vets 5K 15th, TJ5K 21st)

SUGGESTED COVID19 RULES & OTHER CONSIDERATIONS:

1. I had intended these races not to be a big deal – just a chance to give people a chance to race fast after all this time to train during the pandemic.
2. Open to suggestions for event name.
3. Do we want to put on one, two or three small races? Or none at all?
4. Sign up will require an estimated finish time, start times will be assigned fastest going first allowing us to spread out the field during the race to minimize contact with other runners.
5. Starts: individually with 15 second intervals. Need to record start time as well as finish time.
6. Pre-registration only up to the limit of 45 people. Maybe more up to 75.
7. Must wear a mask at all times until after the start.
8. ?? Runner carries own water; or water station with small water bottles – runner must pick up (not handed to them).
9. Swag: souvenir masks
10. Packet pickup: day before race or at race site; no day of race registration
11. No refunds; any proceeds after event expenses will be donated to local youth running programs.
12. Set entry fee to cover costs.
13. In case of threatening weather, race will be canceled.
14. Timing and results: hire a timing company to best handle 15 second starts. Or, ask Steve Riley to time with our Seiko timers, but we don't want to pull tear tags off of runners coming in.
15. No music or licensing fee
16. Watch for other people on the path. Need course marshal to direct outsiders away from finish.
17. Signs posted one week before (now required by the City) warning path will be used.
18. No loitering around finish, get off levee and move to your cars; keep social distance or put masks back on.
19. Packaged snacks (Luna bars?) in packets?
20. EMT on duty
21. Dick Lipsey's comments:
 - Limiting the field might be difficult since there would be complaints from people left out or who didn't submit a finish time under the qualifying times.
 - Perhaps labeling it a "State Record Race" might discourage some and encourage more serious runners.
 - Maybe an elaborate certificate and souvenir mask (or something easy to mail) so runners get something for their money.
 - I think 100 might be a manageable number. [Gene – that would take 25 minutes of starts]



8K on levee (starting at mile marker 1) – levee my first choice over Baker Wetlands



12K on levee (starting at mile marker 0)

