

AMERICAN  LUNG ASSOCIATION *of Kansas*
The Christmas Seal People®

Serving Kansas Since _____

1908

1987 5K RUNNERS

Oct ?, 1987

RACE RESULTS

9TH ANNUAL BREATHE EASY/RUN EASY

Topeka, Kansas

1987 brought a total of 300 registered runners. We had 15 teams run the 5K.

We plan to schedule the Tenth Annual Breathe Easy/Run Easy Road Race, late October 1988 and hope to have you participate once again.

We do have extra t-shirts available at the Lung Association office for \$6.00 each.

PLEDGE REMINDERS

A \$150.00 pledge donation entitles the runner to a \$100.00 gift certificate.
A \$100.00 pledge donation entitles the runner to a \$ 75.00 gift certificate.
A \$ 37.50 pledge donation entitles the runner to a \$ 25.00 gift certificate.

(ALL GIFT CERTIFICATES REDEEMABLE AT LITWINS WEST)

A \$ 30.00 pledge donation entitles the runner to a pottery race souvenir. Each pledge prize requires a separate donation. (Race souvenir available at Lung Association) These pledges must be delivered or postmarked by November 9, 1987. Mailing address: American Lung Association of Kansas; 4300 Drury Lane, Box 4426; Topeka, KS 66604. Litwins gift certificates will be mailed by November 18.

OVERALL PLACE	NAME	TOWN	AGE/SEX	TIME
1	Randy Kinder	Topeka	29/M	:15:11
2	Tom Trusdale	Wichita	35/M	:16:25.11
3	John Schuette	Topeka	32/M	:16:25.35
4	Eric Tanquary	Topeka	36/M	:16:41
5	Terry Milberger	Topeka	39/M	:16:53

OVERALL PLACE	NAME	TOWN	AGE/SEX	TIME
6	James Robison	Lawrence	22/M	:17:00
7	Dan Pope, Jr.	Topeka	22/M	:17:11
8	Michael Daney	Lawrence	31/M	:17:13
9	John Reinhart	Topeka	33/M	:17:22
10	June Hilbert	Meriden	33/F	:17:24
11	Don Noller	Emporia	30/M	:17:26
12	Tony Huber	Topeka	40/M	:17:41
13	Jared Maag	Topeka	18/M	:17:48
14	Troy Obermeier	Topeka	19/M	:18:03
15	Ken Davis	Topeka	24/M	:18:04
16	Richard Malloy	Topeka	36/M	:18:11
17	Randy Shideler	Topeka	29/M	:18:16
18	John Oyler	Topeka	36/M	:18:20
19	Jerry Underwood	Topeka	46/M	:18:25
20	Gerald Witten	Emporia	58/M	:18:30
21	Harry Peterson	Topeka	45/M	:18:33
22	Carl Farmer	Topeka	36/M	:18:37
23	Dale Channel	Rossville	47/M	:18:41
24	Kenneth Harjo	Berryton	42/M	:18:42
25	Bill Cooley	Topeka	22/M	:18:44
26	David Mannering	Lawrence	37/M	:18:45
27	Melvin Miller	Pomona	53/M	:18:49
28	Leon Small	Topeka	46/M	:18:50
29	Raymond Ayala, Jr.	Topeka	32/M	:19:07
30	Tom Eck	Topeka	34/M	:19:12
31	Dale Rimmer	Topeka	47/M	:19:21
32	Amy Potter	Osage City	23/F	:19:22
33	Bill Graves	Topeka	34/M	:19:28
34	Kirk Johnson	Topeka	29/M	:19:39
35	John Haug, Jr.	Topeka	39/M	:19:40
36	Terry Blush	Delia	39/M	:19:43
37	Brian Wilson	Topeka	13/M	:19:52
38	Doug Stabenow	Topeka	26/M	:19:54
39	Pam Smith	Mayetta	35/F	:19:59
40	Don Mallard	Mayetta	34/M	:20:03
41	Bruce Goodwin	Topeka	40/M	:20:06
42	Harlan Johnson	Pomona	40/M	:20:09
43	Steve Huston	Topeka	36/M	:20:14.39
44	Tom Robison	Lawrence	54/M	:20:14.91
45	Deb Robinson	Topeka	29/F	:20:27
46	Jim Goff	Topeka	29/M	:20:29
47	Paul Clark	Topeka	26/M	:20:31.06
48	Alex Seay	Topeka	36/M	:20:31.55
49	Alan Hendrickson	Topeka	33/M	:20:33
50	Roger Underwood	Topeka	40/M	:20:34
51	Larry Mah	Topeka	38/M	:20:41
52	Mike Palmer	Topeka	40/M	:20:42
53	Alan Hunt	Topeka	30/M	:20:45
54	Bob Schilling	Topeka	35/M	:20:48
55	Michael Laccheo	Topeka	36/M	:20:49
56	Bob Kennedy	Topeka	37/M	:20:50
57	Glen DeCow	Topeka	35/M	:20:51
58	Daniel Christenberry	Topeka	27/M	:20:54
59	Stan Pangrac	Silver Lake	44/M	:20:56
60	Steve Thomas	Topeka	40/M	:20:59

OVERALL

PLACE	NAME	TOWN	AGE/SEX	TIME
61	John Reedy	Topeka	39/M	:21:00
62	Ray Thompson	Lawrence	38/M	:21:03
63	Mike Dreiling	Topeka	34/M	:21:05
64	Matthew Erwin	Topeka	11/M	:21:09
65	George Campbell	Topeka	31/M	:21:11
66	Robert Meyer	Topeka	42/M	:21:12
67	Wes Nicholson	Topeka	49/M	:21:23
68	Jeff Stueve	Topeka	15/M	:21:25
69	Larry Wilson	Topeka	36/M	:21:30.09
70	Todd Bower	Overland Park	26/M	:21:30.76
71	Jim Roy	Topeka	30/M	:21:35
72	Joe Pinter	Topeka	54/M	:21:39
73	Richard Gerner	Topeka	37/M	:21:40
74	Ford Ross	Topeka	47/M	:21:48
75	Dave Parker	Topeka	44/M	:21:51
76	Tom Jesnouski	Topeka	25/M	:21:53
77	Randy Harvey	Topeka	29/M	:22:02
78	Tom Bartlett	Topeka	31/M	:22:03
79	Gerald Tilley	Topeka	45/M	:22:06.10
80	Dortha Phelps	Topeka	22/F	:22:06.60
81	Marilyn Potter	Osage City	48/F	:22:10
82	Hank Miller	Topeka	35/M	:22:14
83	Kenneth Stone	Topeka	28/M	:22:25
84	Greg Atkinson	Topeka	27/M	:22:26.00
85	Larry Starbuck	Topeka	47/M	:22:26.54
86	Dee Likes	Topeka	41/M	:22:29
87	Larry Morris	Topeka	32/M	:22:30
88	Al Kamauff	Topeka	46/M	:22:35
89	Ana Rossi	Lincoln, NE	38/F	:22:36
90	Michael Bennett	Topeka	25/M	:22:39
91	Joe Cribbs	Eudora	31/M	:22:42
92	Fred Phelps, Jr.	Topeka	34/M	:22:45.26
93	Dennis Reamer	Topeka	34/M	:22:45.56
94	O. M. Steinlicht	Topeka	43/M	:22:45.84
95	Byron Endsley	Topeka	32/M	:22:46.17
96	Stan Vogel	Topeka	42/M	:22:46.75
97	Larry Cashier	Holton	45/M	:22:47
98	John O'Shea	Paxico	42/M	:22:48
99	Jason Puett	Topeka	13/M	:22:50
100	Dave McClimans	Topeka	39/M	:22:52
101	Mike Armour	Topeka	46/M	:22:58
102	Bob Harden	Rossville	60/M	:23:00
103	Tim McManus	Topeka	37/M	:23:01
104	Joleen Andrews	Topeka	35/F	:23:06
105	John Riley	Topeka	30/M	:23:08
106	Sid Edwards	Topeka	38/M	:23:15
107	Mark Yardley	Topeka	32/M	:23:19
108	Michael McCool	Topeka	22/M	:23:24
109	Marilth Griebner	Topeka	24/F	:23:25
110	Kent Evans	Topeka	13/M	:23:26.17
111	Kevin Lewis	Topeka	11/M	:23:26.55
112	Mark Finley	Topeka	30/M	:23:30
113	Doug Stillings	Topeka	39/M	:23:38
114	Gregory Stueve	Topeka	25/M	:23:39
115	Jay Johnson	Overland Park	27/M	:23:44

OVERALL PLACE	NAME	TOWN	AGE/SEX	TIME
116	Linda Grimes	Topeka	37/F	:23:50
117	Allen North	Topeka	38/M	:24:01
118	Richard Greener	Topeka	39/M	:24:05
119	Abigail Phelps	Topeka	19/F	:24:07.15
120	Doug Long	Topeka	29/M	:24:07.65
121	Steve Broxterman	Topeka	33/M	:24:08
122	Fred Phelps	Topeka	57/M	:24:09
123	Steve Arnold	Topeka	35/M	:24:15
124	Stanley Graham	Topeka	37/M	:24:17
125	Tom Young	Topeka	36/M	:24:20
126	Rod Nally	Topeka	30/M	:24:38
127	Ron Brown	Topeka	27/M	:24:39
128	Mike Dickey	Topeka	34/M	:24:41.29
129	Rick Mills	Topeka	29/M	:24:41.75
130	Steve Ingersole	Topeka	32/M	:24:46
131	Art Munoz	Topeka	33/M	:24:48.61
132	Ann Bregenzer	Sedalia, MO	23/F	:24:48.86
133	Brett Cloutier	Topeka	41/M	:24:54
134	George Huckabee	Topeka	32/M	:24:57.39
135	David Underwood	Topeka	32/M	:24:57.59
136	Jim Lagerberg	Topeka	57/M	:24:58
137	Dennis Farver	Topeka	38/M	:25:06
138	John Bishop	Topeka	38/M	:25:07
139	Adam Farver	Topeka	15/M	:25:09
140	Joe Cassidy	Topeka	30/M	:25:15
141	Dan Pope	Topeka	53/M	:25:20
142	Patty McDonnell	Topeka	32/F	:25:41
143	Elizabeth Phelps	Topeka	25/F	:25:53
144	Ed Shamburg	Topeka	47/M	:25:56
145	Ray Marston	Topeka	41/M	:26:02
146	Phillip Herr	Topeka	40/M	:26:07
147	Betty Joan Phelps	Topeka	34/F	:26:21
148	Ann Mah	Topeka	36/F	:26:26
149	Steven Burghart	Topeka	26/M	:26:32
150	Barbara Shamburg	Topeka	44/F	:26:53
151	Sylvia Gravenstein	Topeka	34/F	:26:59
152	Stanley Rowe	Topeka	40/M	:27:01
153	Dennis Smith	Topeka	40/M	:27:02.39
154	Lisa Long	Topeka	28/F	:27:02.90
155	Joyce Gilpin	Topeka	42/F	:27:06
156	Robert Wellborn	Topeka	37/M	:27:26
157	Roxanne Johnson	Topeka	33/F	:27:28
158	Hunter Shelly	Topeka	27/M	:27:35.29
159	Tyndall Yarnell	Topeka	23/M	:27:35.46
160	Connie Puett	Topeka	37/F	:27:38
161	Link Brown	Topeka	42/M	:27:48
162	Roger Aeschliman	Topeka	43/M	:27:49
163	Donald Dillingham	Topeka	67/M	:27:50
164	Kay Underwood	Topeka	39/F	:27:51
165	Sanford Shaw	Quenemo	35/M	:28:02
166	Jerilyn Lauber	Topeka	32/F	:28:04
167	Benjiman Phelps	Topeka	12/M	:28:07
168	Robert Duver	Lawrence	44/M	:28:10
169	Anne Thibault	Topeka	37/F	:28:18
170	Pauline Sessions	Memphis, TN	62/F	:28:19

OVERALL PLACE	NAME	TOWN	AGE/SEX	TIME
171	Frank Godding	Topeka	65/M	:28:29
172	Dick Mossman	Topeka	62/M	:28:35
173	Mike Padilla	Topeka	38/M	:28:49
174	Belinda McGeeney	Topeka	36/F	:28:50
175	Rebekah Phelps	Topeka	36/F	:28:51
176	Leslie Noon	Topeka	37/F	:28:53
177	John Carey	Topeka	44/M	:28:58
178	Carol Carey	Topeka	42/F	:29:07
179	Shirley Roper	Topeka	30/F	:29:08
180	Samuel Roper	Topeka	8/M	:29:10
181	Brent Roper	Topeka	24/M	:29:11
182	LaTonya Brooks	Topeka	23/F	:29:13
183	Sandra Sanchez	Topeka	17/F	:29:32
184	Randy Noon	Topeka	37/M	:29:48
185	Emily Russell	Topeka	55/F	:29:52
186	Gayle Montgomery	Topeka	39/F	:30:19
187	Jeane Gruender	Topeka	59/F	:30:36
188	Jane Auerill	Emporia	35/F	:31:08
189	James Dougan, Jr.	Topeka	42/M	:31:32.19
190	C. G. DeForest	Topeka	33/F	:31:32.45
191	Elizabeth Masoni	Emporia	38/F	:31:53
192	Leslie Watson	Topeka	40/M	:32:42.15
193	Larry Lovett	Topeka	42/M	:32:42.70
194	Margie Phelps	Topeka	31/F	:33:17
195	Tommy McGeeney	Topeka	45/M	:33:56
196	Rachel Phelps	Topeka	21/F	:35:29
197	Katherin Phelps	Topeka	32/F	:36:37
198	Lee Ann Brown	Topeka	21/F	:37:09
199	Marie Harden	Rossville	55/F	:40:01
200	Sharon Phelps	Topeka	10/F	:41:53
201	Margie Phelps	Topeka	62/F	:42:59
202	Timothy Phelps	Topeka	24/M	:43:00

5K TEAMS

PLACE	NAME
1	SECRETARY OF STATE BILL GRAVES: John Reinhart, Tom Trusdale, John Schuette, Bill Graves.
2	KANSAS AIR NATIONAL GUARD: Larry Lovett, Mike Armour, Steve Thomas, Steve ARnold, Mike Palmer, Eric Tanquary, Ken Davis.
3	BLUE CROSS/BLUE SHIELD #1: John Reedy, Raymond Ayala, Jr., Alex Seay, Leon Small, Randy Shideler, Bill Wallace.
4	GOODYEAR: Pam Smith, Don Mallard, Larry Cashier, Bruce Goodwin, Bill Cooley, Al Kamauff, Wes Nicholson.
5	HERCULES, INC.: Melvin Miller, Lloyd Hale, Todd Bower, Joe Cribbs, Tom Robison, Lee Hamlet, Sanford Shaw.

5K TEAMS CON'T

<u>PLACE</u>	<u>NAME</u>
6	MENNINGER FOUNDATION: Dan Pope, Stan Pangrac, Ray Thompson, Tom Bartlett, Mike Dreiling, Tim McManus.
7	FRITO-LAY #1: Larry Wilson, Brian Wilson, Leo Gomez, Art Munoz, Bob Peterson, Tom Jesnouski.
8	MERCHANT'S NATIONAL BANK: LaTonya Brooks, Randy Kinder, Joe Cassidy, Kirk Johnson.
9	TOPEKA POLICE LODGE #3: Ricky Mills, Brett Cloutier, Mike Padilla, George Campbell, Jim Roy, Byron Endsley, Mike Dickey.
10	HIGHLAND PARK BANK & TRUST: Roger Underwood, David Smith, Joe Pinter, Kay Underwood, Hank Miller, Gayle Montgomery.
11	SOUTHWESTERN BELL TELEPHONE CO.: Larry Mah, Ann Mah, Glen DeCow, John Bishop, Carl Folster.
12	TOPEKA POLICE RESPONSE TEAM: Bill Chapman, Dennis Reamer, Rod Nally, Dave McClimans, Tom Young, Ron Brown, Mark Finley.
13	BLUE CROSS BLUE SHIELD #2: C. G. DeForest, Steve Broxterman, O. M. Steinlicht, Stanley Graham, Leslie Watson, Hunter Shelly, Tyndall Yarnell.
	FRITO-LAY #2: Allen North, John Riley, Marilth Grieber, Mary Grieber, Tony Laizhre.
	IBM: Dale Rimmer, Chuck Neal, Tom Kierl, Dan Pope, Jr., Doug Stabenow.

HERSHBERGER CHALLENGE

Thirty-six (36) runners took the challenge and won. CONGRATULATIONS!