



MEMBERSHIP FORM



- ◆ Encouraging a healthy lifestyle for all through running.
- ◆ 20% member discounts at Garry Gribble's Running Sports and Francis Sporting Goods
- ◆ helping new runners with advice and guidance
- ◆ promoting camaraderie among runners who have been running for some time but who want a group of compatible training partners
- ◆ collaborating with other local running groups to encourage a wide range of running opportunities
- ◆ advancing the goals of competitive racers

*Print and mail membership form and make check payable to:
runLawrence, 2223 Westchester, Lawrence, KS 66044*

Questions about the mailing list or membership? Call Greg Burger at (785) 887-6745.

Single Membership \$20

Family Membership \$25

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Date of Birth ___/___/___

Email _____ Sex: M F

Additional family members:

Name	Date of Birth	Sex
_____	___/___/___	M F
_____	___/___/___	M F
_____	___/___/___	M F
_____	___/___/___	M F

Club Membership Application Waiver

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, run Lawrence and all sponsors, their representatives and successors from all claims or liabilities of any kind of arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature _____ Date _____

(signature of parent or guardian if participant is under 18)