



runLawrence Thanksgiving Day 5K

REGISTRATION FORM

Schedule

Nov 22 at Ad Astra Running, 835 Mass.

11:30am-6pm registration/packet pickup

Nov 23 at Woodlawn Elementary, 508 Elm

7 - 8 am registration/packet pickup

8:30 am race starts

9:30 am free Kids 1K Fun Run

WAIVER - I know that participating in a running race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained to run the distances of the event. I agree to abide by any decision of a race official relative to safely completing the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effect of the weather, including temperature, snow, rain and ice, and the conditions of the course, all such risks being known and appreciated by me. I understand that no headsets, roller skates, wagons or dogs are allowed on the course. If pushing a stroller, I will start at the back and only walk. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for the race, I, for myself and anyone entitled to act on my behalf, waive and release runLawrence, the City of Lawrence, Woodlawn School and all sponsors, their representatives and successors from all claims and liabilities of any kind arising from my participation in this race even though that liability may arise out of negligence or carelessness on the part of persons named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures or any other recording of these events for any legitimate purpose.

PARTICIPANT SIGNATURE (or parent if under 18)

DATE

☐ MALE
☐ FEMALE

FIRST NAME

LAST NAME

DATE OF BIRTH

AGE ON NOV 23

EMAIL

PHONE

ADDRESS

CITY/STATE/ZIP

GLOVE SIZE (circle size): XS S M L

EMERGENCY CONTACT NAME & PHONE (REQUIRED)

Fees:

thru Nov 16: \$35 individuals

: \$31 per person for families of 3 or more
fill out separate entries & mail together

Nov 17-23 : \$40, no family discount

On-line signup option/more info: www.runlawrence.org/TDay5k.html

Total: \$ _____

checks payable to: runLawrence
entry fees are non-refundable

mail to: runLawrence, 2223 Westchester Rd,
Lawrence KS 66049

no later than Mon, Nov 20