



5K Run & 1-MILE FUN RUN

Certified 5K -- FAST & FLAT Course

Saturday, August 9, 2014

Rossville Grade School

5K Run: 7:30 a.m. Start

Registration: 6:30 a.m.

This 5K run is on a flat certified course
through the city of Rossville, Kansas.

Runners begin and end at the Rossville Grade School.

Proceeds to benefit Rossville Community Foundation

For more information, contact:

Myron Leinwetter (785) 584-6597

E-Mail: mljhawk@hotmail.com

Extra registration forms at www.Rosvillekansas.us

Rossville Tall Corn Festival 5K
PO Box 517
Rossville, KS 66533

AWARDS

Overall awards will be presented to the top finishing male and female runners. Top finishers in Masters (Age 40-59) and Senior Masters (60 +) divisions will receive awards. Medals will be awarded to the top 3 places in each age division male and female.

COURSE RECORDS

Avery Clifton 17:48 Tim Testa 15:32

WELCOME ALL . . .

This is a great course for all types of runners. The course is well-marked and has volunteers at intersections. Aid station and time splits will be provided. Post race refreshments and snacks will also be provided.

Whether you're a veteran runner or this is your first race/walk, you are welcome to participate. T-shirts will be provided to all pre-registered participants, NO t-shirts will be available for race day entrants.

Chip timing will be used for the 5K Run.

THANK YOU TO OUR SPONSORS



**2014 ROSSVILLE TALL CORN FESTIVAL 5K RUN
REGISTRATION FORM**

Name _____
Address _____
City / State / Zip _____
E-mail _____
Date of Birth _____ Age on Race Day _____
Male _____ Female _____ Phone _____

I will be participating in the: 5K Run _____ 1 Mile _____
Shirt Size: S M L XL (circle one)

Entry fee (*make check payable to TCF*)
5K **\$20** before August 1 (includes T-shirt)

\$25 on Race Day (DOES **NOT** include T-shirt)

1-Mileno fee, registration form required

Mail registration and fee to:
Rossville Tall Corn Festival 5K, PO Box 517, Rossville, KS 66533

Circle your age group:

12 & under	13-15	16-19	20-24
25-29	30-34	35-39	40-44
45-49	50-54	55-59	60-64
65-69	70-74	75-79	80+

In consideration of my participation in this activity and in acknowledgement of the law, I hereby release and discharge the Shawnee County Parks and Recreation Department and all persons employed or connected with this activity from any and all liability arising from illness, injury, and damages I may suffer as a result of my participation in this recreational activity. I am not waiving or releasing Shawnee County Parks and Recreation from intentional acts of damage, nor damages caused by the gross and wanton negligence of the Shawnee County Parks and Recreation Department since the areas utilized under this program are a park, playground, or open area under K.S.A. 75-5104(0). I also understand that the Shawnee County Parks and Recreation Department is not responsible for any costs incurred for medical services for illness, injuries, and damages to myself, or others in connection with this activity.

Signature: _____ Date: _____
Parent/guardian Signature (if participant is under 18): _____