Filley edges Ryun for Free State Run title

July 5, 1987 - LJW By JEFF BURKHEAD J-W Sports Writer

Mike Filley, meet Jim Ryun.

"He was my idol when I ran in high school and even now," Filley said of the former Kansas track All-American and three-time Olympian.

Filley, from Tonganoxie, edged Ryun in the Independence Days Free State Run on Saturday morning. He covered the 8K (4.96 miles) course in a time of 26:11.64. Ryun ran a 26:20.13.

"I'm just glad to run with him sometime in my life," Filley said.

Top overall finisher in the women's field was Amy Potter of Osage City who was clocked in 30:36.07. Carol McFall of Lawrence was a close second with a time of 30:39.90.

"I had to really push the last mile," said Potter, an NAIA All-American in cross country at

Emporia State last year.

"There were several lead changes," McFall said. "I led early, but she led when it counted. She passed me for the last time on the last three-quarters of a mile and I couldn't catch her."

FILLEY, 20, made his move at the four-mile mark.

"I thought he (Ryun) would come up behind me and take off," Filley said. "I kept looking back to make sure he wasn't there."

Ryun, who was competing in the Free State

Run for the first time since winning the event five years ago when it was a 10K, said he went flat near the end of the race.

"I was struggling," he said. "We were both struggling. He was just struggling faster than I was. Mike should be pleased. He ran a good time for this course."

Filley, a member of the Fort Hays State track and cross country teams, was fifth at last year's Free State Run.

"I didn't think I could win," Filley said. "I was just looking to finish in the top three or four."

Filley found conditions for Saturday's race well-suited for his style.

"I run better in hot, humid weather," he said. "I felt loose."

THIS WAS Potter's first appearance in the Run. However, her mother, Marilyn, had participated in the event before. Her father, Robert, ran in the one-mile Fun Run.

"I like the 8K," Amy said. "It was a nice run. They had a lot of water stops and splits at each

mile. That helped me out."

Amy, 22, and her mother train together sometimes.

"We keep each other company," Marilyn said. "But when she's out for a fast jog, then I'm kind of on my own."

Marilyn placed second in the women's 40-49

age group with a time of 36:29.31.

Amy ran track and cross country at Allen County Community College and ESU. She prefers cross country over track.

"It's better than running in circles," she said. "That doesn't do anything for me. It's too monotonous."

Amy plans to transfer to KU to finish her degree in corporate fitness. She has used up her eligibility, but hopes to workout with the KU team. Amy and Marilyn will run in the Dallas Marathon in December.

McFALL IS a 27-year-old middle-school English teacher in Topeka. Her husband, Brian, is also a runner.

Brian is from Fort Scott. Last month, Carol competed in a 10K in Brian's hometown where she finished second behind . . . you guessed it, Amy Potter.

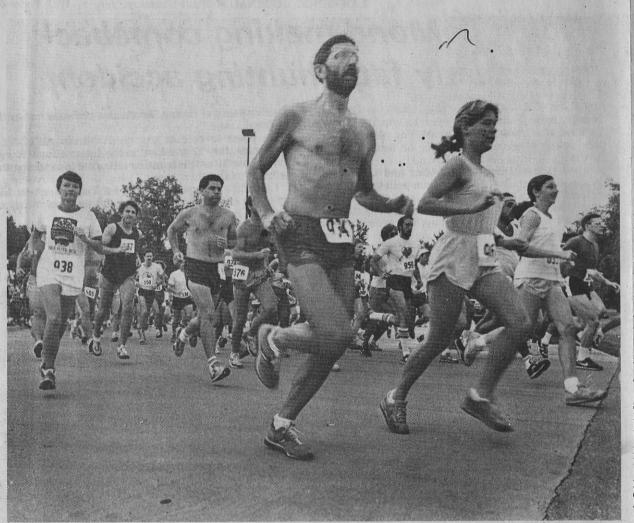
"She won by two seconds," McFall said. "Maybe the third time is the charm for me."

Even though McFall was runnerup to Potter again, she accomplished one of her goals for the race.

"I wanted to break 31 minutes," McFall said. "I was pleased with my time. Of course, I would have liked to have won it. But I guess she wanted it more than I did."

LAWRENCE HIGH'S Mary Powell (32:13.64.) was third overall and first in the 15-19 division. She was followed by former LHS teammate Tori Leatherman (36:01.81).

A record 230 runners entered this year's race, which started and finished at the Holidome. Awards were presented in eight age categories.



(Staff photo by Mike Yoder)

Runners swing out of the Holidome parking lot Saturday morning to begin the Free State Run, an eight-kilometer road race.

July 4, 1987

Free State Run

MEN

Overall - 1. Mike Filley, Tonganoxie, 26:11.64.

14 & under - 1. Sean Krider, 30:38.39. 2. Kyle Walker, 46:11.79.

15-19 - 1. John Hays, 27:31.33. 2. Shawn Post, 28:30.19.

20-29 - 1. Kenny Wells, 27:09.89. 2. Frank Gallick, 27:43.21. 3. Aldric George, 27:58.08. 4. Bill Reetz, 28:20.55.

30-34 — 1. Tim Powell, 26:49.42. 2. Michael Daney, 28:47.95. 3. Pat Peery, 28:56.40. 4. Rick Hermesch, 29:24.97.

35-39 - 1. Larry Spray, 28:27.11. 2. Larry Phillips, Centerville, 29:16.72. 3. Gene Wee, 29:55.95. 4. David Drewry, 30:01.96.

40-49 - 1. Jim Ryun, 26:20.13. 2. Lowell Paul, 28:31.92. 3. Jim Dicker, Baldwin, 30:00.30. 4. David Burch, Kansas City, 30:03.29.

50-59 — 1. Melvin Miller, 31:48.39. 2. Myron Feverborn, 32:37.55.

60 & over - 1. James Reeds, KC, 40:22.60. 2. Frank Godding, Jr., 46:08.62.

WOMEN

Overall - 1. Amy Potter, Osage City, 30:36.07.

15-19 - 1. Mary Powell, 32:13.64. 2. Tori Leatherman, 36:01.81.

20-29 - 1. Carol McFall, 30:39.90. 2. Susan Johnson, 32:42.21. 3. Christine McMinn-Jackson, 33:66.44. 4. Deb Altus, 35:12.20.

30-34 - 1. Denise Hobbs, 34:44.61. 2. Louise Simmons, 37:55.10. 3. Liza Perry, 38:15.12. 4. Pat Baxter, 40:03.45.

35-39 - 1. Dee Boeck, 34:39.41. 2. Dorothy Schultz, 39:44.50. 3. Kathleen Gabriel, 43:17.15. 4. Gwen Boone, 43:42.67.

40-49 - 1. Mary Wischusen, 34:41.33. 2. Marilyn Potter, Osage City, 36:29.31. 3. Margie Rogers, 37:21.11. 4. Connie Neuenswander, 43:52.97.

50-59 — 1. Dortohy Calahan, 41:50.04.

2. Jennie Neis, 53:19.00.