Sunflower State Games Cross Country Race 2019 - 7/20/2019
7/20/2019
Rankings

Mixed 5k Run CC

	Comp#	Name		Team	Time	Points
1	464	Schmidt, Robbie	M20	Unattached	17:26.14	
2	414	Holmes, Alexander	M15	Unattached	19:11.05	
3	440	Reinke, Jard	M21	Unattached	19:29.12	
4	421	Loy, Taegan	M17	Unattached	19:46.56	
5	419	Letourneau, Benjamin	M41	Unattached	20:03.90	
6	411	Gerber, Jacob	M21	Unattached	20:48.71	
7	461	Walters, Alexander	M17	Unattached	20:49.69	
8	447	Schirer, Kasper	M36	Unattached	20:57.22	
9	469	Jones, James	M17	Unattached	21:43.07	
10	437	Prosser, Jonathan	M29	Unattached	21:52.82	
11	407	Downe, Lakoddah	M13	Unattached	21:54.76	
12	450	Smith, Eric	M37	Unattached	22:09.65	
13	431	Phelps, Seth	M17	Unattached	22:18.79	
14	418	Kohls, Mark	M39	Unattached	22:34.03	
15	471	Turpin, Ashley	W30	Unattached	22:41.65	
16	467	Singer, Erich	M39	Unattached	23:16.88	
17	453	Stapleton, Shannon	M43	Unattached	23:37.48	
18	473	Geiseman, Justin	M18	Unattached	24:09.41	
19	436	Phelps-Roper, Noah	M20	Unattached	24:24.83	
20	428	O'Neill, Jay	M64	Unattached	24:29.09	
21	462	West, Taryn	W16	Unattached	24:36.53	
22	445	Sass, Shawn	M41	Unattached	24:45.73	
23	416	Johnson-Shaffer, Jamie	W36	Unattached	24:53.80	
24	433	Phelps, Elijah	M13	Unattached	25:51.07	
25	425	Moore, Avery	M44	Unattached	26:00.49	
26	446	Sass, Autumn	W13	Unattached	26:32.93	
27	439	Rausch, Collin	M15	Unattached	26:38.48	
28	427	Munns, Hunter	M55	Unattached	26:55.99	
29	441	Rhoades, Jeff	M53	Unattached	27:04.19	
30	409	Emmanuel, Laiken	M12	Unattached	27:09.50	
31	417	Kirmse, Alan	M32	Unattached	27:13.17	
32	432	Phelps, Anna	W15	Unattached	27:14.78	
33	452	Stallbaumer, Chuck	M53	Unattached	27:15.44	
34	465	Ciummo, Russel	M56	Unattached	27:21.49	
35	459	Wagner, Paul	M59	Unattached	27:42.26	
36	413	Gorrell, Teresa	W24	Unattached	28:03.30	
37	468	Gibson, Jeremy	M45	Unattached	28:03.62	
38	456	Theuri, Duncan	M37	Unattached	28:05.45	
39	457	Ussery, Dale	M55	Unattached	28:10.43	
40	455	Taylor, Miranda	W16	Unattached	28:22.60	
41	435	Phelps, Ezra	M10	Unattached	28:24.76	
42	429	Phelps, Benjamin	M44	Unattached	28:39.44	
43	401	Bahner, Aubrey	W16	Unattached	28:42.82	
44	443	Ruby, Anna	W15	Unattached	28:43.17	
45	420	Letourneau, Jane	W14	Unattached	28:55.47	
46	422	Manhart, Jersey	W13	Unattached	28:57.87	
47	423	Manhart, Jax	M9	Unattached	28:58.16	
48	444	Ruby, Peter	M27	Unattached	29:41.05	
49	434	Phelps, Chloe	W11	Unattached	29:56.86	
50	410	Feuerbacher, Abeni	W17	Unattached	29:57.58	
51	466	Donald, Paul	M36	Unattached	30:01.65	
52	460	Walder, Tenley	W8	Unattached	30:16.03	
53	454	Stapleton, Jyllian	W11	Unattached	31:16.70	
54	403	Brown, Melissa	W45	Unattached	32:00.11	

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55	404	Brown, Doug	M50	Unattached	32:00.44
56	470	Wurtz, Paul	M56	Unattached	32:13.16
57	476	Swisher, Brenna	W24	Unattached	33:44.73
58	426	Mulenga, Olivia	W17	Unattached	34:09.62
59	475	Hochstedler, Megan	W32	Unattached	35:25.80
60	451	Smith, Abigail	W32	Unattached	35:59.44
61	463	Schmidt, Jerry	M56	Unattached	36:10.42
62	438	Randol, Sharron	W58	Unattached	36:12.18
63	472	Menninger, Fritz	M62	Unattached	36:26.11
64	430	Phelps, Fred	M66	Unattached	36:45.06
65	402	Barger, Jennifer	W49	Unattached	38:39.92
66	474	Soper, Jessica	W37	Unattached	39:00.03
67	442	Rhoades, Paula	W51	Unattached	43:40.49

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Event 1 Mixed 5k Run CC

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===================================================================================
    Name                      Age Team              Avg Mile    Finals  Points
===================================================================================
13 & Under Results - Women 5000 Run
  1 Sass, Autumn              W13 Unattached          8:32.8   26:32.93
  2 Manhart, Jersey           W13 Unattached          9:19.4   28:57.87
  3 Phelps, Chloe             W11 Unattached          9:38.4   29:56.86
  4 Walder, Tenley             W8 Unattached          9:44.6   30:16.03
  5 Stapleton, Jyllian        W11 Unattached         10:04.1   31:16.70
14-18 Results - Women 5000 Run
  1 West, Taryn               W16 Unattached          7:55.3   24:36.53
  2 Phelps, Anna              W15 Unattached          8:46.2   27:14.78
  3 Taylor, Miranda           W16 Unattached          9:08.1   28:22.60
  4 Bahner, Aubrey            W16 Unattached          9:14.6   28:42.82
  5 Ruby, Anna                W15 Unattached          9:14.7   28:43.17
  6 Letourneau, Jane          W14 Unattached          9:18.6   28:55.47
  7 Feuerbacher, Abeni        W17 Unattached          9:38.6   29:57.58
  8 Mulenga, Olivia           W17 Unattached         10:59.7   34:09.62
19-24 Results - Women 5000 Run
  1 Gorrell, Teresa           W24 Unattached          9:01.8   28:03.30
  2 Swisher, Brenna           W24 Unattached         10:51.7   33:44.73
30-34 Results - Women 5000 Run
  1 Turpin, Ashley            W30 Unattached          7:18.3   22:41.65
  2 Hochstedler, Megan        W32 Unattached         11:24.3   35:25.80
  3 Smith, Abigail            W32 Unattached         11:35.1   35:59.44
35-44 Results - Women 5000 Run
  1 Johnson-Shaffer, Jamie    W36 Unattached          8:00.8   24:53.80
  2 Soper, Jessica            W37 Unattached         12:33.2   39:00.03
45-54 Results - Women 5000 Run
  1 Brown, Melissa            W45 Unattached         10:18.1   32:00.11
  2 Barger, Jennifer          W49 Unattached         12:26.7   38:39.92
  3 Rhoades, Paula            W51 Unattached         14:03.5   43:40.49
55-64 Results - Women 5000 Run
  1 Randol, Sharron           W58 Unattached         11:39.2   36:12.18
13 & Under Results - Men 5000 Run
  1 Downe, Lakoddah           M13 Unattached          7:03.2   21:54.76
  2 Phelps, Elijah            M13 Unattached          8:19.3   25:51.07
  3 Emmanuel, Laiken          M12 Unattached          8:44.5   27:09.50
  4 Phelps, Ezra              M10 Unattached          9:08.7   28:24.76
  5 Manhart, Jax               M9 Unattached          9:19.5   28:58.16
14-18 Results - Men 5000 Run
  1 Holmes, Alexander         M15 Unattached          6:10.5   19:11.05
  2 Loy, Taegan               M17 Unattached          6:22.0   19:46.56
  3 Walters, Alexander        M17 Unattached          6:42.3   20:49.69
  4 Jones, James              M17 Unattached          6:59.5   21:43.07
  5 Phelps, Seth              M17 Unattached          7:11.0   22:18.79
  6 Geiseman, Justin          M18 Unattached          7:46.6   24:09.41
  7 Rausch, Collin            M15 Unattached          8:34.5   26:38.48
19-24 Results - Men 5000 Run
  1 Schmidt, Robbie           M20 Unattached          5:36.8   17:26.14
  2 Reinke, Jard              M21 Unattached          6:16.3   19:29.12
  3 Gerber, Jacob             M21 Unattached          6:42.0   20:48.71
  4 Phelps-Roper, Noah        M20 Unattached          7:51.5   24:24.83
25-29 Results - Men 5000 Run
  1 Prosser, Jonathan         M29 Unattached          7:02.6   21:52.82
  2 Ruby, Peter               M27 Unattached          9:33.3   29:41.05
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30-34 Results - Men 5000 Run
```
 1 Kirmse, Alan            M32 Unattached             8:45.7   27:13.17
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35-44 Results - Men 5000 Run
```
 1 Letourneau, Benjamin    M41 Unattached             6:27.5   20:03.90
 2 Schirer, Kasper         M36 Unattached             6:44.7   20:57.22
 3 Smith, Eric             M37 Unattached             7:08.0   22:09.65
 4 Kohls, Mark             M39 Unattached             7:15.9   22:34.03
 5 Singer, Erich           M39 Unattached             7:29.7   23:16.88
 6 Stapleton, Shannon      M43 Unattached             7:36.3   23:37.48
 7 Sass, Shawn             M41 Unattached             7:58.3   24:45.73
 8 Moore, Avery            M44 Unattached             8:22.3   26:00.49
 9 Theuri, Duncan          M37 Unattached             9:02.5   28:05.45
10 Phelps, Benjamin        M44 Unattached             9:13.5   28:39.44
11 Donald, Paul            M36 Unattached             9:39.9   30:01.65
```
45-54 Results - Men 5000 Run
```
 1 Rhoades, Jeff           M53 Unattached             8:42.8   27:04.19
 2 Stallbaumer, Chuck      M53 Unattached             8:46.4   27:15.44
 3 Gibson, Jeremy          M45 Unattached             9:01.9   28:03.62
 4 Brown, Doug             M50 Unattached            10:18.2   32:00.44
```
55-64 Results - Men 5000 Run
```
 1 O'Neill, Jay            M64 Unattached             7:52.9   24:29.09
 2 Munns, Hunter           M55 Unattached             8:40.2   26:55.99
 3 Ciummo, Russel          M56 Unattached             8:48.4   27:21.49
 4 Wagner, Paul            M59 Unattached             8:55.1   27:42.26
 5 Ussery, Dale            M55 Unattached             9:04.1   28:10.43
 6 Wurtz, Paul             M56 Unattached            10:22.3   32:13.16
 7 Schmidt, Jerry          M56 Unattached            11:38.6   36:10.42
 8 Menninger, Fritz        M62 Unattached            11:43.7   36:26.11
```
65+ Results - Men 5000 Run
```
 1 Phelps, Fred            M66 Unattached            11:49.8   36:45.06
```